

KENYA WILDLIFE SAFARI

Go Ahead Tour - October 1 - 17, 2021

Itinerary, Day 7

Masai Mara

Transfer to Masai Mara & Game Drive

Continue through the Great Rift Valley as you travel to the land of the Masai warriors - the Masai Mara.

- Enjoy an included lunch
- Set out on an afternoon game drive
- Watch for the famous Big Five of African safaris - leopards, rhinos, Cape buffalo, lions and elephants
- Admire the rolling hills, waving Savana grasses, and acacia trees

Sit down for an included



Lake Nakuru

One of the Great Rift Valley's most famous soda lakes, Lake Nakuru offers visitors the chance to witness one of the world's most spectacular wildlife sights: brilliant pink flamingos as far as the eye can see.

When conditions are right, between one and two million lesser and greater flamingos feed around the shores of the shallow lake, which together with tens of thousands of other water birds within a species list of around 400 birds, make Lake Nakuru a genuine ornithologist's paradise.

Game viewing is also good. Declared a national park in 1961, Lake Nakuru covers an area of some 180 square kilometers and its diverse habitats are home to warthogs, baboons, waterbuck and large numbers of impalas. Slightly shyer residents include buffalo, Rothschild's giraffes, elands, the occasional leopard and both black and white rhinos. A herd of hippos have their territory in the northern part of the lake.

Usually built into a longer Kenya safari itinerary, Lake Nakuru National Park is often combined with other Great Rift Valley lakes - Lake Naivasha for example - and other conservation areas such as the nearby Aberdare National Park. Visitors should note however that there are times when the lake conditions change and the flamingoes move on to other soda lakes.

Flamingo Facts

- Flamingos live in shallow lakes, mangrove swamps and sandy islands of Africa, Asia, America and Europe.
- There are 6 species of flamingos.
- The adult bird is 3.3-4.6 feet tall and weighs between 3.3-9 pounds.
- Their wingspan ranges from 3.3-5 feet.
- The color of their feathers is a result of their diet: pigments in their food (carotenoids) are responsible for the red and pink colors of their feathers. They eat a lot of shrimp, algae, and crustaceans.
- When they eat, their head is positioned upside down. They suck water and filter the food out.
- Flamingos hold their breath while feeding.
- During migration, they fly up to 37 mph and can travel a distance of over 300 miles to reach their new habitat.
- They live in large groups called colonies, and some colonies consist of millions of birds.
- Baby flamingos hatch in a nest made of mud.
- Flamingos are monogamous and produce one egg per year.
- They live 20-30 years.

Health



*At least 60 days prior to departure, check with your doctor or healthcare provider for the latest updates and entry requirements, or visit the Center for Disease Control and Prevention website at **cdc.gov**.

* For Kenya: the local government may require proof of a yellow fever vaccination (often referred to as a yellow card) or a statement of medical exemption from the vaccine. This is only required of travelers arriving from a country with a risk of yellow fever virus transmission (does not include the US or Canada at this time). Visit **cdc.gov/yellowfever** for more information.

*If you're traveling on the tour extension to Tanzania you're required to provide proof of a yellow fever vaccination or a statement of medical exemption from the vaccine.

*Drink bottled water only. Refrain from ingesting tap water, including when brushing your teeth.

*Avoid eating fresh fruits and vegetables unless they're cooked or washed in clean water and peeled.

*Bring a small first aid kit, including antacids, anti-diarrhea medication, motion sickness medication, and any prescription medications in your carry-on luggage.

*If you have medication that you take daily, be sure you have enough for each day of the tour and any possible delays encountered.

*If you have dietary restrictions and/or food allergies please notify Go Ahead Tours at least 30 days prior to your departure by logging in to your account and updating your traveler info. To update this information closer to your departure date, please call the Customer Experience Team.